

# Download Making Bread At Home

With four ingredients, a few pieces of basic baking equipment, and ten minutes of work, you can bake amazingly delicious loaves of oven-fresh bread in your kitchen at home. Jarkko Laine. Jarkko Laine is the founder and co-editor of Bread Magazine, a dad, a home baker, a writer, a software developer — a creative guy interested in tons of things — from Vantaa, Finland. If you'd like to learn how to bake bread, here's a wonderful place to start. This easy white bread recipe bakes up deliciously golden brown. There's nothing like the homemade aroma wafting through my kitchen as it bakes. —Sandra Anderson, New York, New York ...Bread is the staple food of the Middle East, Central Asia, North Africa, Europe, and in European-derived cultures such as those in the Americas, Australia, and Southern Africa, in contrast to parts of South and East Asia where rice or noodle is the staple. Bread is usually made from a wheat-flour dough that is cultured with yeast, allowed to rise, and finally baked in an oven.