

# Download Osteoporosis A Lifecourse Epidemiology Approach To Skeletal Health

Sarcopenia is the degenerative loss of skeletal muscle mass (0.5–1% loss per year after the age of 50), quality, and strength associated with aging. Sarcopenia is a component of the frailty syndrome. It is often a component of cachexia. It can also exist independently of cachexia; whereas cachexia includes malaise and is secondary to an underlying pathosis (such as cancer), sarcopenia may ... Dr Kate Ward, Associate Professor, MRC Lifecourse Epidemiology, University of Southampton, Faculty of Medicine. Aging is the process of becoming older or more mature. Aging is a summary term for a set of processes, which contribute to health deterioration and ultimately to death with the passage of time.